



# TRANCE DANCE

## THE DANCE OF LIFE

WITH APURVA MASTINU

**PRESENTERS TRAINING**  
**PASSION LIVES HERE!**



# WHAT IS TRANCE DANCE?

**Trance Dance** is a **shamanic** healing ritual that allows us to **release or transform the blockages and accumulated tension and stress** that limit us in everyday life.

It **awakens vital energy**. Gives **presence, strength, and calm**. Regenerates and relaxes the body.

This method uses **dance as a medium of expression** and allows one to reach an **ecstatic state of consciousness**.



# BECOME A PRESENTER NOW!

Learn to **present Trance Dance Rituals safely and mindfully.**

Immerse yourself in a **deep, personal, inner healing process.**

Deepen your **knowledge and experience** of Shamanic Trance.

**Awaken your passion and vitality.**

Learn about **psychological and spiritual aspects**  
**and shamanic** Trance Dance.

# WHAT WILL YOU RECEIVE DURING THE TRAINING?

**4 days of training** with Apurva and his staff.

**A Manual on Trance Dance**  
and its leading.

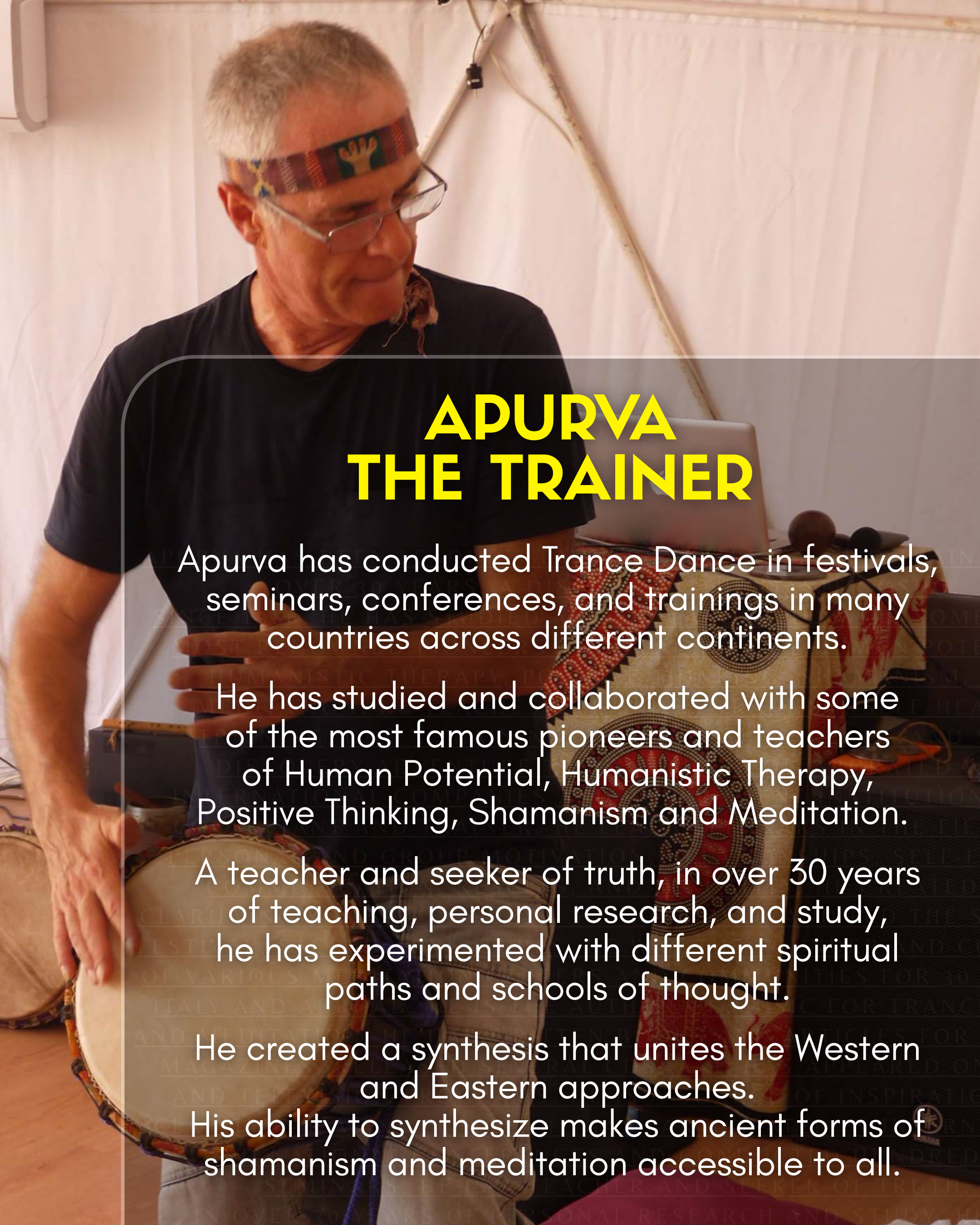
**Different music suitable for practice** to present  
Trance Dance rituals.

**Support and feedback** for your first events  
from Apurva and the staff.

**Access to an exclusive network of presenters**  
active around the world.

**Visibility on the official Trance Dance website**  
for your events and yourself.

**The diploma of completion** of training  
and the ability to conduct rituals.

A man with grey hair, glasses, and a colorful headband is playing a large drum. He is wearing a dark blue t-shirt. The background is a white tent-like structure. The text is overlaid on the right side of the image.

# APURVA THE TRAINER

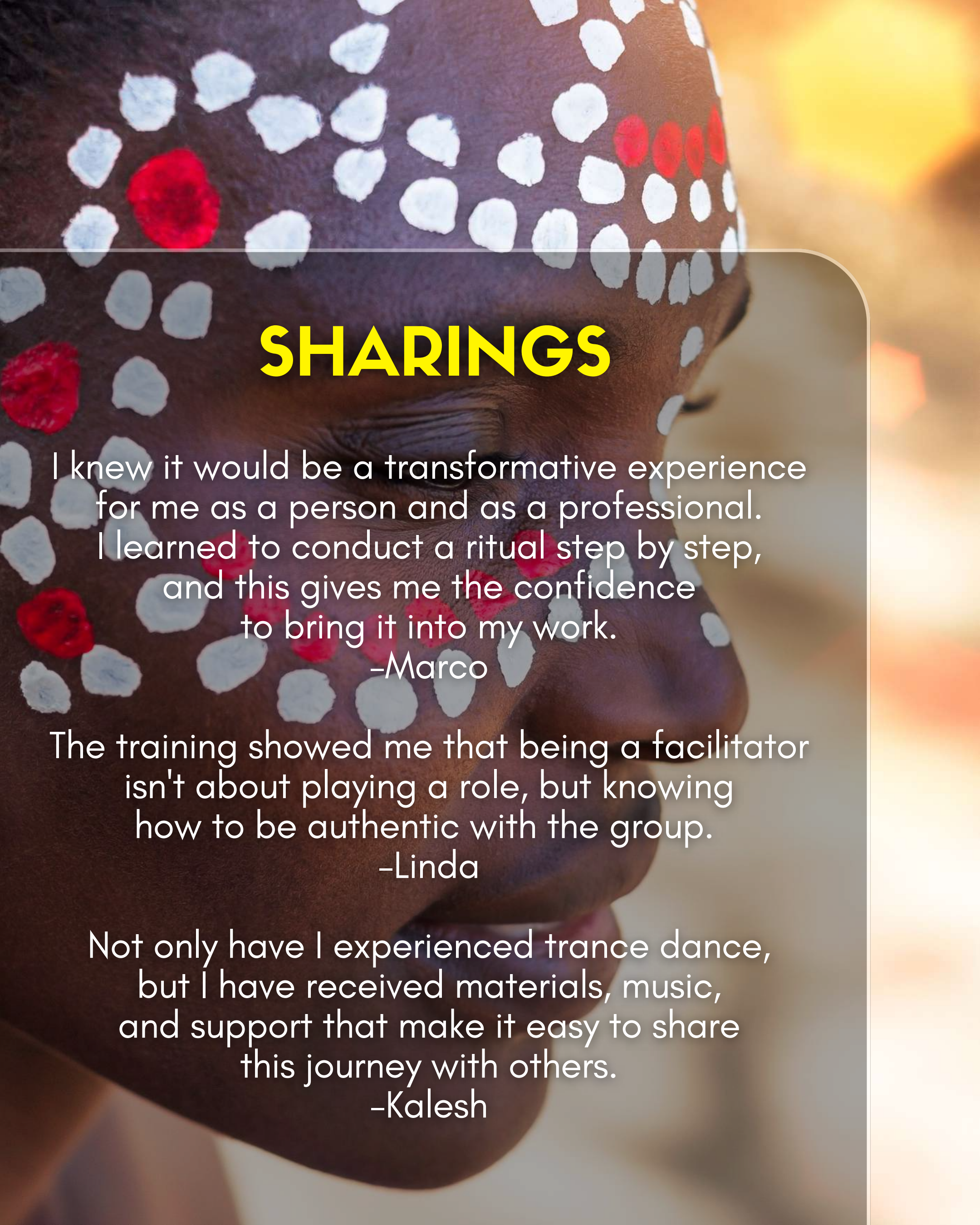
Apurva has conducted Trance Dance in festivals, seminars, conferences, and trainings in many countries across different continents.

He has studied and collaborated with some of the most famous pioneers and teachers of Human Potential, Humanistic Therapy, Positive Thinking, Shamanism and Meditation.

A teacher and seeker of truth, in over 30 years of teaching, personal research, and study, he has experimented with different spiritual paths and schools of thought.

He created a synthesis that unites the Western and Eastern approaches.

His ability to synthesize makes ancient forms of shamanism and meditation accessible to all.



# SHARINGS

I knew it would be a transformative experience for me as a person and as a professional. I learned to conduct a ritual step by step, and this gives me the confidence to bring it into my work.

-Marco

The training showed me that being a facilitator isn't about playing a role, but knowing how to be authentic with the group.

-Linda

Not only have I experienced trance dance, but I have received materials, music, and support that make it easy to share this journey with others.

-Kalesh

**Dancing in Trance  
is one of life's  
greatest joys.**



**Through dance  
we disappear  
and merge  
with the absolute.**

**The dancer  
disappears  
and becomes  
the dance.**

**All misidentification  
vanishes  
and you are  
once again  
one  
with existence.**

**Apurva**





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**INFO@APURVARETREATS.COM**  
**WWW.TRANCEDANCE.EU**